

Hello new parents!

Welcome to your new reception child information pack from the
School Nursing Team.

The link below has the details on how to complete a health questionnaire on your child. The school nursing team review the information and it is confidentiality saved in their health record. On completion of the questionnaire, you will receive an individualised health care plan to support the healthy development of your child. Should you wish the school nursing team to contact you to discuss any immediate concerns that you have you can request this on the very last question of the questionnaire.

However please note that whilst your child is in primary and secondary school, and you have a health question, you can contact our service at any time.



<https://forms.chathealth.nhs.uk/indx.php/739833?lang=en>



STEPS TO

starting

SCHOOL

Able to put their
shoes and coat on

Good routine & right amount of sleep

Drinking
from a cup
not a bottle

Toilet
trained
in the day

Not using a dummy will help
speech development

Able to
clean teeth
with help

Eating a
healthy
diet

Sit at a table
and eat
independently

Be registered
with a dentist

MORE TOP TIPS

Talk to your child about
school and what they are
most looking forward to.

Let your child practise putting
their new school uniform on
and taking it off.

Remember, every child is
different and starts school
with different abilities.

All these blocks take practise, so start as soon as possible. **PRACTISE MAKES PERFECT**